#### **BROCKS HILL NEWSLETTER**



It's hard to believe that it is already October. September has sped by and the children have done so much already. As always, the children display fantastic attitudes to learning when I visit their classrooms and are clearly making lots of good progress in their work.

This month we are focusing on good manners and will be rewarding people who always demonstrate these. It really cheers up my day when pupils stop and say good morning, hold a door open or ask how my day has been. I know all staff feel the same way and are trying to model these behaviours throughout our school.

Whilst we are talking about positive behaviours please be reminded that you can check how many Beehive reward points your child has been given on Beehive. This is updated as children receive them so do keep checking.

Hoping you have a great October!

Kind Regards, Mrs Shilling



### **Reading Event for Parents**





Our 'Reading Event for Parents' was informative and also brought lots of fun!

Following our English Leader's presentation on how we teach reading and how to support your child's reading, we were lucky enough to welcome local author, Steve Skidmore into Brocks Hill.

Steve demonstrated how to have fun and enjoy reading with children, using some very brave parents to help him!

Lucky attendees were able to purchase Steve's books at a discount, as well as having them signed by the author himself!

If you missed out on the event, the slides are now available on our website under 'Parent Information Session'.

### **Reading Event for Parents**



We were so excited that the Reading is Magic Festival is returning from **2nd** - **6th October!** There were so many writers, illustrators and poets who are taking part in the five-day festival which can be beamed straight into homes across the globe.

Sign up via the website: Reading is Magic festival 2023



### **BROCKS HILL BOOK FAIR**





### **BEEHIVE**



### **OCTOBER WELL-BEING**

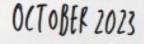
# Physical activity

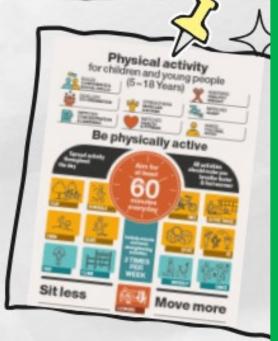
### PHYSICAL ACTIVITY

To maintain a basic level of health, the Chief Medical Officer recommends children and young people aged 5 to 18 should take part in an average of at least 60 minutes of physical activity per day.

Taking part in Physical Activity has many benefits for children and young people, including; improving fitness, increasing concentration, building a stronger heart, bones and healthier muscles. Being regularly physically active improves self-esteem, lowers stress and encourages a better nights sleep.

The NHS has further information here.





# Did you know?

Exercise leads to improved motor skills, better thinking and problemsolving. It's a **BRAIN BOOSTER!** 



## TRY SOMETHING NEW TODAY!

Now is a great time to try a new sport!

Joining a team or trying out a new physical activity gives children the opportunity to meet new friends, develop their confidence, learn how to play by the rules, stay focused, be consistent, and work hard towards their goals. It also gives them a taste of competition and teaches them that there's always room for improvement.



CLICK <u>HERE</u> TO FIND LOCAL SPORTS CLUBS IN YOUR AREA!

### **OCTOBER WELL-BEING**

## 2 ) ACTIVE TRAVEL MONTH

This year's Active Travel Month takes place throughout October and we want as many pupils as possible to get involved!

Actively travelling to school is a great way to boost a child's physical and mental health. It helps them feel alert and ready for the day. Pupils can actively travel by walking, cycling or scooting to school this month.

Last year 8,185 pupils took part in Active Travel month, can we beat that this year?

'I really enjoyed walking to school and helping the environment.'



CHECK OUT OUR ACTIVE TRAVEL HIGHLIGHTS VIDEO FROM LAST YEAR HERE!

# Key October dates

- International Walk to School Month
  - Black History Month
  - World Teachers Day- 5th
  - World Mental Health Day-10th
  - World Food Day-16th

### STAY ACTIVE FOR LESS!

Click here to find helpful resources and information for your family to stay active for less.

Look out for our guide to local walking routes and beautiful green spaces

South Leicestershire has to offer.













# X A @ LET'S GET SOCIAL

### **GOVONOR'S WORD**

#### **GOVERNOR UPDATE**

As we are now beginning the second month of the Autumn Term it is super to see that all the children are glad to be back at school and have settled well into their learning. We had our first Local Governing Body (LGB) meeting and this was Face-to-face - we are having two in this way and two online. As usual we had a variety of items discussed and challenged the staff on several issues and scrutinised several documents. We always act as a 'critical friend' but of course with the outstanding results obtained at all levels from Early Years to Year Six we are very pleased to be able to praise our wonderful staff and pupils.

I have listed the Governing Body below as there are one or two changes from this time last year also we have another enthusiastic community governor who is going through the DBS etc. process, at the moment. One significant change is that Tom Matheson and I will be Co-Chairs of the Governors. I have so enjoyed and been proud to be your Chair of Governors for the last six years but my home circumstances have now become more demanding. Tom has been a very supportive Vice-Chair and I am certain he will be excellent in this new role.

DIANE MILLER

Diane Miller Co-Chair Tom Matheson Co-Chair

**Community Community** 

Cathryn Shilling Head of School Sally Wicken Executive Principal

**Ex-Officio Ex-Officio** 

Tasneem Dungarwalla Parent Caroline Bowden Parent

Amrit Mangat Community Shila Rawson Community

Kate Quirk Staff Deepa Odedra Support Staff

Cat Thornton Link Tr