

Message from the Head of School,

It doesn't seem long since our last newsletter but already so much has happened. Many of you will have celebrated Eid recently and we hope that were able to enjoy special times with your families.

The children have returned to school really well and continue to show a real thirst for learning. Visitors to our school always report that they are impressed by their behavior and attitude to learning.

We are delighted with our new library and hope you will be too. The children are absolutely blown away and we know that this will further increase their love of reading. Do have a look through the windows, of what was previously called the Voyager. Huge thanks are due to Mrs. Street and Mr. Cass who coordinated the whole project and also to Lionheart Trust who supported the project hugely.

We have been fortunate to welcome Leicestershire Cricket to Brocks Hill this term. On Monday they presented at our whole school assembly and they are now leading some.

On Thursday 20th April our Y5/6 hockey team finished 2nd at South Leicestershire Hockey Festival and qualified to the finals at Loughborough University. Another wonderful achievement- well done to all involved! Do keep an eye on our Twitter page for further updates.

I would like to thank you all for your support with ensuring children are attending school if they are well enough to do so. Attendance at school is vital if children are to make the progress they deserve to make. Please remember that our academic year finishes on Friday 14th July. We ask that you do not take children on holiday before this date as the curriculum continues to be taught.



NEW LIBRARY

At Brocks Hill School we have been fortunate enough to have received a fantastic new library. The old Voyager (computer suite) has now been transformed into an amazing space for children to go to. There is now space for classes to be seated and have stories read to by class teachers in this magical environment. There is ample seating space and we have also have new books for everyone to enjoy. The children have started to visit the library and are very impressed and loving it.











BATTERY RECYCLING

Recycle your batteries in school!

Our super Eco committee have started up a battery recycling scheme for parents to use.

Why should we recycle our batteries:

- Batteries are made up of harmful chemicals
 particularly when left around the house as some of
 these chemicals can linger in the air you breathe! The
 acids used in batteries also means that if they leak
 into soil in landfills, the toxins can destroy wildlife
 and pollute water sources.
- Recycling is a great way to help protect the environment. Each battery placed in a recycling bin will be taken apart and the materials will be used to make something new.

Find me outside the office!



BODY IMAGE



BODY IMAGE

South Leicestershire School Sports Partnership Newsletter



WHAT DOES BODY IMAGE MEAN?

Body image is a person's perception of their physical self and the thoughts and feelings; positive, negative or both.

HOW BODY IMAGE CAN EFFECT CHILDREN AND YOUNG PEOPLE?



A negative body image can influence a child or young person in many ways. This can include: lower self-esteem, lower levels of confidence, increased levels of anxiety, depression or low mood, poor self-perception, critical self thoughts, social isolation or withdrawal.

SPOT THE SIGNS

MENTALLY Find out HEALTHY more here

It's normal for children and young people to compare themselves to others, however there are signs to look out for that may suggest a child or young person has an unhealthy view of their body.

Mentally Healthy Schools have put together these signs to watch out for in children and young people:

- Feeling overly worried about how they look
- Wanting to cover up parts of their body because they feel self-conscious
- Not wanting to change or take part in physical education (PE)
- Being bullied for the way they look or their peers making negative comments
- Having rigid thinking patterns about what is 'good' vs 'bad'
- Refusing types of food because "it makes me fat!"
- Changes in their social functioning or interaction
- Changes in mood

Control of eating

Ref: mentallyhealthyschools.org.uk:



BODY IMAGE

ADVICE AMD SUPPORT

Youngminds

Concerns over body image can take a huge toll on the mental health of children and young people. Young Minds have lots of advice and support on their website, check it out here





The Mind website contains information about eating disorders, including possible causes, symptoms and how to access treatment and support. Find out more here

 mental Health Awareness week 15-21st May **National Walking** Month (Living Streets) May

If you have any concerns regarding eating disorders, the NHS website has lots of advice for parents and carers here





Mental Health Awareness week runs from 15th to 21st May 2023

Hosted by the Mental Health Foundation, the aim is to educate the public about mental health issues and to promote better mental health. You can find out more here







@lslssp @learningsouthleicestershiressp @southleicestershiressp



KEY DATES FOR SUMMER TERM

Key dates Summer term

April	
17th	School Opens
18 th	Parent event
10	Supporting your child's learning at home
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1st May	Early May Bank holiday
5 th May	Coronation celebrations- Right Royal Dress up!
8 th May	Bank holiday for Coronation of King Charles III
w/c 8th May	KS2 SATs (y6)
w/c 8 th May	Phonics screening check
w/c 15 th	KS1 SATs (Y2)
29 th -2 nd June	Half term
June	
5 th -16 th June	Y4 Times Tables Check
7 th June	Open classrooms 3.20-4.00pm. Parents are invited to look at their
	child's books during this time.
8 th	Induction evening for new starters 5pm
w/c 12 th	Yr1 Phonics Screening check
14 th /15 th	Sports Day (Wed 14 th am: KS1 and FS, Thursday 15 th : year 3 and 4 in
	the morning, Year 5 and 6 <u>afternoon</u> .
20th	Class 4 assembly
24 th	Brocks Hill Summer Fair
26 th	Lionheart Speaks competition evening Y5 only. More details to follow.
July	
4 th	Culture Day – children are invited to wear clothes that reflect their
	ethnicity on this day.
7th	Lionheart Pride Day (UKS2)
7 th (FS and	Maths Day – fun with numbers!
KS1), 8 th (KS2)	
10 th	Transition morning – children visit new classes
13 th	Y6 leavers assembly

More details of specific events to follow.



Governor update

As you probably realise, in this governor section of the Newsletter, I am aiming to give you an idea of the governor role. Over the last two months I have listed the governors with their category I.e. Community, Parent, Staff and last month the agenda and procedure of the Local Governing Body meeting. This month – governor subject responsibility. Each governor takes on a responsibility for a particular area within the school. This can be both academic subjects e.g. Maths.; English; Science or a statutory requirement e.g. Safeguarding; Special Educational Need and Disability (SEND). Also various other areas e.g. Well-being of staff and students; Pupil and Parental voice; Equality etc. Each governor has their particular skills from their professional lives and we try to link these as much as possible to the educational areas. They use this experience to inform their monitoring and interest in the area. We are fortunate to have a wide range of backgrounds on the governing body and always grateful for their committing to this volunteer role in the way that they do.

Diane Miller

Chair of Governors



