

Brocks Hill Primary - Week 2

Paul

Cereals Containing Gluten

Peanuts

Tree Nuts

Milk

Eggs

Crustaceans

Fish

Celery and Celeriac

Soya and Soya Products

Sesame Seeds

Molluscs

Mustard

Lupin

Sulphites

GM Foods

Vegetarian

Vegan

Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Wholemeal Turkey, Sage & Onion Pizza Baguette Does Contains: Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Sesame Seeds Modifiers:	Chicken Korma Curry - Allergy Free Does Contains: May Contain: Modifiers:	Roast Chicken - MKG Does Contains: May Contain: Modifiers:	Macaroni Cheese with Ham Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Battered Fish Fillet (battered pollock) Does Contains: Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
Vegetarian Meals	Wholemeal Rainbow Vegetable topped Pizza Baguette Does Contains: Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Sesame Seeds Modifiers:	Lentil Dhal (VG) Does Contains: May Contain: Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac, Mustard Modifiers:	Roast Quorn Does Contains: Eggs, Milk May Contain: Modifiers:	Macaroni Cheese (KEEP) Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk May Contain: Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Cheese & Tomato Quiche Does Contains: Gluten (Wheat), Cereal Containing Gluten, Milk, Eggs May Contain: Soya and Soya Products Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Side Salad (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Sweetcorn (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Farmhouse Mixed Vegetables (VG) 🌱 Does Contains: May Contain: Modifiers:
	Spiced Saute Potatoes / Cumin Diced Potatoes (VG) 🌱 Does Contains: May Contain: Modifiers:	50/50 Rainbow Rice / Savoury Rice (VG) 🌱 Does Contains: 🌿 Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Roast Potatoes (VG) 🌱 Does Contains: 🍷 Sulphites May Contain: Modifiers:	Peas (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Chips (VG) 🌱 Does Contains: May Contain: Modifiers:
	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Naan Bread (VG) 🌱 Does Contains: 🌿 Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Gravy (VG) 🌱 Does Contains: May Contain: Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:	Homemade Bread 🌱 Does Contains: 🌿🍷🥛 Gluten (Wheat), Cereal Containing Gluten, Soya and Soya Products, Milk May Contain: 🥚 Eggs Modifiers:
			Cauliflower (half portion) (VG) 🌱 Does Contains: May Contain: Modifiers:	Wholemeal Garlic Bread 🌱 Does Contains: 🌿 Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: S Sesame Seeds Modifiers:	

	Monday	Tuesday	Wednesday	Thursday	Friday
			Carrots (half portion) (VG/GF)  Does Contains: May Contain: Modifiers:		
Third Option	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers: Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Baked Beans (VG/GF)  Does Contains: May Contain: Modifiers: Cheesy Mash  Does Contains:   Sulphites, Milk May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers: Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers: Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Tuna Mayo Topping Does Contains:   Fish, Eggs May Contain: Modifiers: Jacket Potato Baked Beans Topping (VG)  Does Contains: May Contain: Modifiers: Jacket Potato Grated Cheese Topping (VG)  Does Contains: May Contain: Modifiers:		Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers: Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers: Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:
			Orange & Mandarin Jelly (VG)  Does Contains: May Contain: Modifiers:		

	Monday	Tuesday	Wednesday	Thursday	Friday
			Watermelon Wedges (VG)  Does Contains: May Contain: Modifiers:	Oatmeal Fruit Pizza  Does Contains:   Cereal Containing Gluten, Gluten (Oats), Gluten (Wheat), Milk May Contain:   Gluten (Barley), Soya and Soya Products Modifiers:	Chocolate Cookie  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Eggs May Contain:  Soya and Soya Products Modifiers: